



24 September 2018

## **Edinburgh Fringe award winners launch new Silver Social events programme**

Internationally recognised artists, Edinburgh Fringe winners and vibrant local musical talent are at the heart of the new Silver Social programme of workshops and performances which is set to tour Breckland this autumn.

Recent winners of the 'Spirit of Edinburgh Fringe 2018', Bowjangles - an all singing, dancing and comedy string quartet group, headline this pulsating new Autumn tour programme, which is set to visit multiple locations including Thetford, Swaffham, Watton, East Harling, Dereham and Attleborough from October through to late November.

This highly anticipated programme starts with a series of soulful singing and African drumming workshops from the award winning Zimbabwean artist Anna Mudeka, who will be holding her free-to-attend workshops in Thetford Library on October 1, followed by workshops in Dereham and Swaffham on October 2, then Attleborough and Watton on October 3. The wonderfully powerful singer will then return later in November for a series of highly acclaimed performances across Breckland, with tickets just £5.

Celebrated local musicians Joe Mace and Carl Cole will also be hosting a series of free creative music making workshops across Breckland in mid-November, which promises to offer a fun, relaxed and welcoming environment, but with also lots of cake and tea! The workshops, which are free to attend, will be hosted in East Harling, Swaffham, Watton and Attleborough.

Bowjangles, the energetic string quartet, fresh from presenting their 2018 Edinburgh Festival award winning show, complete the Silver Social Autumn programme with 'Excalibow', a rollercoaster performance, full of music, comedy and with almost every musical genre you could imagine, including Abba! This wonderful show starts its Breckland tour on November 26<sup>th</sup> at Attleborough Methodist Church at 2p.m, then visits Swaffham (November 27<sup>th</sup>) Dereham (November 20<sup>th</sup>), East Harling (November 20<sup>th</sup>) and concludes at Watton Christian Community Church Centre on Friday 30<sup>th</sup> November at 2 p.m.

Silver Social is an ambitious arts programme offering daytime events aimed at older people in community at small venues across Breckland. The programme is managed by Breckland Council, with strategic touring funding from Arts Council England, and aims to engage people in new activities while reducing their risk of isolation.

A Silver Social spokesperson commented: "Everyone is welcome to come along and try a new workshop activity for free or watch a high quality performance for only £5 a ticket. Refreshments are complimentary and free local transport is available to all our events." For full event details, to book a free workshop or purchase performance tickets visit [www.silversocial.com](http://www.silversocial.com) or call 01362 656870.

**ENDS**

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**Media contact:**

Nathan Flatman | Senior Communications Officer

Breckland Council| DDI: 01362 656292 | M: 073888 98565

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